



Upperby Primary School **PSHE & Citizenship Policy**



Personal, Social and Health education and Citizenship enables children to become happy, healthy, independent and responsible members of society. We encourage children to play a positive role in contributing to the life of the school and wider community. We want children to Aspire, Attend and Achieve and in doing so we help develop their sense of self worth, ability to work cooperatively with others and show responsibility for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling spiritual, moral, social and cultural (SMSC) issues that are part of growing up.

Our Upperby Values play a vital role in daily life in our school. We teach the children to recognise how society is organised and governed and to appreciate the importance of fundamental British Values. We ensure they experience the process of Democracy and The Rule of Law through the school council and other opportunities. Children are taught about individual liberty and Mutual respect, rights and responsibilities. They learn to be tolerant of those with different faiths and beliefs, understand and respect our common humanity, diversity and differences so that they can go on to form effective fulfilling relationships that are an essential part of life and learning.

The aims of personal, social and health education and citizenship are to enable the children to:

- Recognise and deal with a variety of emotions;
- Know and understand what constitutes a healthy mind (positive mental health) and healthy lifestyle;
- Be aware of the affects of alcohol, drugs and tobacco on the body;
- Be aware of safety issues, including how to protect their body;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem, recognising risks and influence and make informed choices regarding personal and social issues;
- Understand some issues which affect the wider world;
- Understand what makes good relationships with others;
- Have respect for others;
- Develop good relationships with other members of the school and the wider community;
- Appreciate and respect differences between themselves and others;
- Know what bullying is, understand how to stay safe from bullying and to be able to challenge stereotypical bullying.
- Be aware of personal economic well-being and the meaning of financial capability.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We encourage pupils to

participate in discussion to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

PSHE has a planned, designated time slot in our weekly timetable. Our school is a You Can Do It school and its principles are embedded throughout all curriculum areas and daily school life, alongside our Upperby Values. Some of the time we introduce PSHE and citizenship through other subjects, e.g. literacy, geography and so on. As there is overlap between Religious Education and the aims of PSHE and citizenship, we teach some of the PSHE and citizenship through our RE lessons. We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters. We offer residential visits, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and co-operative skills. The children learn about fairness, diversity and local and national issues through topic work.

We teach PSHE and citizenship in reception classes as an integral part of the topic work covered during the year. As the reception class is part of the Foundation Stage, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in reception classes when we teach 'how to develop a child's knowledge and understanding of the world'.

At our school we teach PSHE and citizenship to all children, whatever their ability. PSHE and citizenship forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PSHE and citizenship teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs.

Teachers assess the children's work in PSHE through appropriate and sensitive marking by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each year and key stage. Assessment should offer the children the opportunity to reflect on their own progress. Teachers monitor students' progress through the tracking of key skills and personal development through our school Foundation subject tracking system.

We follow a 2 year cycle and use the objectives and activities from the Live Well, Learn Well guidance document, story books from Challenging Homophobia in Primary Schools resource bank and activities from Scarf Coram Education (Life Education) to ensure our children have a well balanced, detailed PSHE curriculum that meets their needs. Regular circle times are also planned as part of the weekly timetable.

The Head teacher with some support from the PSHE and citizenship subject coordinator is responsible for monitoring the standards of children's work and the

quality of teaching of this subject. The subject leader supports colleagues in the teaching of PSHE and citizenship.

Note: This PSHE and citizenship policy should be read in conjunction with the other school policies; British Values, RSE Policy and statutory guidance, Drug Education, Child Protection, Equal Opportunities, Inclusion, Behaviour, Health and Safety, SEN, Bullying and so on.

Monitoring and Review

The head teacher monitors this policy on a regular basis and reports to governors, when requested, on the effectiveness of this policy.

The policy will be reviewed every two years. This policy was agreed by the governing body on 12th July 2018.

This policy was reviewed and agreed by the governing body on 30th September 2020.

Date of next review – September 2022. Signed (on behalf of the Governing Body).

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Date of implementation ~~February 2014~~ ~~October 2015~~ October 2018

The policy will be reviewed every two years by the Head teacher, PSHE Coordinator, Governors, all staff, pupils and any necessary outside agencies.

Review date ~~February 2016~~ ~~October 2017~~ October 2020

Signatures

Head teacher

PSHE Coordinator